

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	213	Verherstraeten	Rick	Herselt	M1	MAS+35	De Dorpspomp	00:14:50	18.32	03:16
2	233	Heremans	Mil	Heist o/d Berg	M2	SEN	AVZK-Team Sten	00:14:55	18.22	03:17
3	223	Abé	Michiel	Rotselaar	M3	SEN	ROBA	00:15:12	17.88	03:21
4	263	Naets	Obry	Itegem	M4	SEN	AVZK	00:15:23	17.67	03:23
5	177	Van Den Borre	Michiel	Rijmenam	M5	MAS+35		00:15:27	17.59	03:24
6	159	Dewil	Arne	Bonheiden	M6	SEN	BONH AC	00:15:32	17.5	03:25
7	225	Laporte	Sten	Heist o/d Berg	M7	MAS+35	AVZK	00:15:38	17.39	03:27
8	247	Hellemans	Tibe	Bonheiden	M8	SCH	Bonh.	00:15:58	17.02	03:31
9	254	Laporte	Vincent	Booischoot	M9	SEN	AVLL	00:16:12	16.78	03:34
10	163	Gysemans	Jordy	Begijnendijk	M10	SEN		00:16:24	16.57	03:37
11	216	Meylemans	Stef	Heist o/d Berg	M11	MAS+35	De Sportstal	00:16:36	16.37	03:39
12	210	Hendrickx	Stijn	Berlaar	M12	MAS+40		00:16:46	16.21	03:42
13	268	Vandervorst	Edwin	Haacht	M13	MAS+35	AC Kortenbergh	00:16:50	16.15	03:42
14	229	Haemels	Arnout	Spalbeek	M14	SEN		00:17:00	15.99	03:45
15	230	Van Cutsem	Matteo	Booischoot	M15	SEN		00:17:11	15.82	03:47
16	208	Lemmens	Steve	Langdorp	M16	MAS+50	AVZK	00:17:13	15.79	03:48
17	209	Liekens	Vicky	Heist o/d Berg	V1	MAS+35	AVLL	00:17:16	15.74	03:48
18	236	Wouters	José	Kessel Lo	M17	SEN		00:17:17	15.73	03:48
19	259	Vander Sande	Thomas	Hulshout	M18	SEN	ROBA	00:17:21	15.67	03:49
20	264	Sleeckx	Godwin	Heist o/d Berg	M19	SEN	AVZK	00:17:22	15.65	03:50
21	214	Verlinden	Timo	Westmeerbeek	M20	JUN	AVZK	00:17:45	15.31	03:55
22	160	Geens	Bjorn	OLV-Waver	M21	MAS+40	Bonheiden AC	00:17:46	15.3	03:55
23	272	Wuyts	Wim	Werchter	M22	MAS+55	ROBA	00:17:50	15.24	03:56
24	252	Hellemans	Bart	Bonheiden	M23	MAS+45	AC Bonheiden	00:17:52	15.21	03:56
25	245	Vanwinkel	Jens	Betekom	M24	SEN	ROBA	00:17:54	15.18	03:57
26	238	Vervoort	Wannes	Heist o/d Berg	M25	CAD	KSK Heist	00:18:05	15.03	03:59
27	248	Van de Put	Sem	Hallaar	M26	PUP	AVZK	00:18:13	14.92	04:01
28	249	Van De Put	Thomas	Hallaar	M27	MAS+35	AVZK	00:18:17	14.87	04:02
29	255	Van Herck	Maarten	Betekom	M28	SEN		00:18:33	14.65	04:05
30	244	Wallaert	Sara	Betekom	V2	SEN	ROBA	00:18:35	14.63	04:06
31	261	Ceusters	Nico	Messelbroek	M29	MAS+35	ROBA	00:18:39	14.57	04:07
32	235	Van Campenhout	Dave	Schriek	M30	MAS+45	RAM	00:18:43	14.52	04:07
33	202	Koekoekx	Ronny	OLV-Waver	M31	MAS+60	BONH	00:18:47	14.47	04:08
34	256	Van Herck	Simon	Betekom	M32	SEN		00:18:58	14.33	04:11
35	237	Tops	Gerwin	Westerlo	M33	MAS+40		00:19:01	14.29	04:11
36	219	Knapen	Dennis	Beerzel	M34	MAS+45	AVZK	00:19:04	14.26	04:12
37	253	De Cuyper	Tim	Schriek	M35	MAS+40	KSV Schriek	00:19:06	14.23	04:12
38	117	De Winter	Murielle	Heist o/d Berg	V3	MAS+50	Berglopers	00:19:07	14.22	04:13
39	180	Van der Sanden	Emma	Wiekevorst	V4	CAD	AC Hulshout	00:19:11	14.17	04:14
40	231	De Roover	Gerben	Heist o/d Berg	M36	MAS+35		00:19:36	13.87	04:19
41	167	Kennis	Stephanie	Mechelen	V5	SEN		00:19:38	13.84	04:20
42	226	Joos	Gerd	Langdorp	M37	MAS+45	DRT	00:19:39	13.83	04:20
43	125	Staquet	Jesse	Heist o/d Berg	M38	SEN	Berglopers	00:20:00	13.59	04:24
44	192	Wilmaers	Kelly	Tielt-Winge	V6	MAS+40	Dcla Halen	00:20:03	13.56	04:25
45	150	Alves Sanchez	Cristian	Booischoot	M39	MAS+35		00:20:11	13.47	04:27
46	199	De Vries	Annouck	Schriek	V7	SEN	AVZK	00:20:15	13.42	04:28
47	266	Derdin	Simon	Houtvenne	M40	SEN	ex-AVZK	00:20:28	13.28	04:31
48	187	Van Rompaey	Pieter-Jan	Itegem	M41	SEN		00:20:30	13.26	04:31
49	126	Van den Broeck	Dorien	Begijnendijk	V8	MAS+35	Berglopers	00:20:37	13.18	04:33
50	124	Rits	Mario	Hulshout	M42	MAS+50	Berglopers	00:20:39	13.16	04:33

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51	128	Van Noten	Dirk	Booischoot	M43	MAS+55	Berglopers	00:20:43	13.12	04:34
52	222	Henderickx	Sander	Booischoot	M44	SEN	Chiro Zonderschoot	00:20:54	13	04:36
53	212	Storms	Alex	Glabbeek	M45	MAS+60	AC Bonheiden	00:21:16	12.78	04:41
54	147	Van Loo	Nils		M46	SCH	KVC Booischoot	00:21:24	12.7	04:43
55	144	Torfs	Mathis	Heist o/d Berg	M47	SCH	KVC Booischoot	00:21:31	12.63	04:44
56	156	Claes	Jesse	Booischoot	M48	SEN	Fun2Run	00:21:38	12.56	04:46
57	196	Huybrechts	Anna	Putte	V9	SEN	AVZK	00:21:41	12.53	04:47
58	197	Huybrechts	Jurgen	Putte	M49	MAS+45	AVZK - Geogeens	00:21:43	12.52	04:47
59	169	Maes	Sander	Booischoot	M50	SEN	SK Diamant	00:21:45	12.5	04:48
60	270	Vanneste	Liesbeth	Bilzen	V10	MAS+35		00:21:50	12.45	04:49
61	136	Derboven	Noah		M51	CAD	KVC Booischoot	00:21:52	12.43	04:49
62	178	Van den Schoor	Bart	Heist o/d Berg	M52	MAS+55	AVZK	00:21:55	12.4	04:50
63	198	Van den Acker	Paul	Heist o/d Berg	M53	MAS+65	AVZK	00:22:10	12.26	04:53
64	276	Grietens	Jeroen	Nieuwrode	M54	SEN	SK Diamant	00:22:12	12.24	04:54
65	221	De Keuster	Jana	Aarschot	V11	SEN		00:22:13	12.23	04:54
66	143	Serneels	Maylo		M55	CAD	KVC Booischoot	00:22:19	12.18	04:55
67	269	Verlinden	Jill	Westerlo	V12	JUN	AC Hulshout	00:22:23	12.14	04:56
68	241	Valckx	Elias	Keerbergen	M56	BEN	AVZK	00:22:25	12.12	04:56
69	242	Valckx	Stefan	Keerbergen	M57	MAS+40	AVZK	00:22:35	12.04	04:59
70	146	Van de Moer	Lars		M58	SCH	KVC Booischoot	00:22:43	11.96	05:00
71	193	Gybels	Eddy	Begijnendijk	M59	MAS+60		00:22:45	11.95	05:01
72	243	Verbeeck	Daan	Heist o/d Berg	M60	SEN	Physiospirit	00:22:52	11.89	05:02
73	251	Vermeulen	Pieter	Heist o/d Berg	M61	MAS+45		00:22:55	11.86	05:03
74	182	Van Herpe	Maude	Bonheiden	V13	MIN	BONH	00:23:04	11.78	05:05
75	155	Ceulemans	Senne	Booischoot	M62	MAS+35	AC Hulshout	00:23:10	11.73	05:06
76	185	Van Loo	Sofie	Bonheiden	V14	MAS+45	BONH	00:23:13	11.71	05:07
77	172	Neyt	Yalenka	Heist o/d Berg	V15	SEN		00:23:18	11.67	05:08
78	267	Venstermans	Chris	Mechelen	M63	MAS+60	RAM	00:23:19	11.66	05:08
79	168	Lens	Benny	Heist o/d Berg	M64	MAS+40		00:23:20	11.65	05:09
80	211	Verherstraeten	Nick	Testelt	M65	MAS+35	De Dorpspomp	00:23:24	11.62	05:09
81	275	Nelsen	Thomas	Begijnendijk	M66	SEN	SK Diamant	00:23:25	11.61	05:10
82	274	De Vries	Axel	Heist o/d Berg	M67	SEN	SK Diamant	00:23:27	11.59	05:10
83	262	Sijmus	Willy	Keerbergen	M68	MAS+70		00:23:38	11.5	05:13
84	142	Popa	Alexandru		M69	CAD	KVC Booischoot	00:23:41	11.48	05:13
85	203	Jehin	Jayden	Westmeerbeek	M70	CAD		00:23:44	11.45	05:14
86	121	Kusseneers	Luc	Rumst	M71	MAS+65	Berglopers	00:23:51	11.4	05:15
87	166	Janssen	Luc	Bonheiden	M72	MAS+65	Bonheiden AC	00:23:54	11.37	05:16
88	227	Cumps	Sofie	Langdorp	V16	MAS+40	DRT	00:23:57	11.35	05:17
89	138	Engels	Warre		M73	MIN	KVC Booischoot	00:23:58	11.34	05:17
90	217	Vertommen	Elke	Kersbeek-Miskom	V17	MAS+45	Coyote sports team	00:24:04	11.29	05:18
91	176	Van de Weyer	Ward	Booischoot	M74	SEN	Fun2Run	00:24:29	11.1	05:24
92	122	Moris	Jesse	Begijnendijk	M75	MIN	Berglopers	00:24:31	11.09	05:24
93	250	Vanderhoven	Nick	Hemiksem	M76	MAS+40	Kippen.be	00:24:58	10.89	05:30
94	215	Haeseldonckx	Kaat	Geel	V18	CAD	ACHL	00:25:16	10.76	05:34
95	260	Verlinden	Wim	Beerzel	M77	MAS+60		00:25:17	10.75	05:34
96	220	Nys	Yun	Aarschot	M78	MAS+35		00:25:21	10.72	05:35
97	191	Vermaelen	Sandra	Heist o/d Berg	V19	MAS+50	AVZK	00:25:28	10.67	05:37
98	130	Witvrouwen	Gerry	Heist o/d Berg	M79	MAS+45	Berglopers	00:25:33	10.64	05:38
99	218	Maus	Jan	Ramsel	M80	MAS+65	ROBA Recreanten	00:25:36	10.62	05:39
100	190	Verlinden	David	Vorselaar	M81	MAS+45		00:25:53	10.5	05:42

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	277	Habets	Mario	Booischoot	M82	MAS+50	AVZK	00:25:55	10.49	05:43
102	133	Ceulemans	Cis		M83	CAD	KVC Booischoot	00:25:57	10.47	05:43
103	135	Delande	Quinten		M84	SCH	KVC Booischoot	00:25:58	10.47	05:43
104	186	Van Rompaey	Lowie	Booischoot	M85	BEN	AVZK	00:26:00	10.45	05:44
105	188	Van Rompaey	Stephen	Booischoot	M86	MAS+35		00:26:01	10.45	05:44
106	181	Van Eccelpoel	Evelien	Hallaar	V20	SEN	KFC Bevel	00:26:03	10.43	05:45
107	271	Guldolf	Dries	Aarschoot	M87	MAS+35	Sportiva Gelrode	00:26:04	10.43	05:45
108	175	Straetmans	Gilbert	Booischoot	M88	MAS+70	AVZK	00:26:05	10.42	05:45
109	179	Van Der Aa	Karen	Heist o/d Berg	V21	MAS+45	AVZK	00:26:06	10.41	05:45
110	151	Bastanie	Kaya	Putte	V22	SEN		00:26:10	10.39	05:46
111	228	Cumps	Chris	Aarschoot	M89	MAS+70	Dorpspomp DRT	00:26:18	10.33	05:48
112	204	Verelst	Wim	Heist o/d Berg	M90	MAS+55	AVZK	00:26:20	10.32	05:48
113	205	Buts	Annick	Heist o/d Berg	V23	MAS+35	Nou Social Running...	00:26:21	10.31	05:49
114	189	Verbinnen	Elien	Houtvenne	V24	MAS+40	AVZK	00:26:22	10.31	05:49
115	206	Buts	Marc	Itegem	M91	MAS+60		00:26:24	10.3	05:49
116	207	Van der Heyden	Niels	Heist o/d Berg	M92	MAS+35		00:26:25	10.29	05:49
117	200	Nevelsteen	Ans	Engsbergen	V25	MAS+40		00:26:26	10.28	05:50
118	581	Coremans	Cyriel	Aarschoot	M93	MAS+75	Berglopers	00:26:30	10.26	05:50
119	201	Vanoppen	Dieter	Tielt-Winge	M94	SEN		00:26:42	10.18	05:53
120	234	Van Rompaey	Dorien	Westmeerbeek	V26	MAS+40	De Dorpspomp	00:27:00	10.07	05:57
121	273	Moris	Jill	Heist o/d Berg	V27	MAS+35		00:27:08	10.02	05:59
122	139	Horckmans	Vic	Hulshout	M95	CAD	KVC Booischoot	00:27:17	9.96	06:01
123	258	Van den Bosch	Freya	Heist o/d Berg	V28	SEN		00:27:33	9.87	06:04
124	148	Van Tricht	Bern		M96	MIN	KVC Booischoot	00:27:54	9.74	06:09
125	132	Bruynseels	Mylan		M97	MIN	KVC Booischoot	00:27:55	9.74	06:09
126	141	Leers	Matiz		M98	MIN	KVC Booischoot	00:27:57	9.72	06:10
127	239	Helsen	Ward	Heist o/d Berg	M99	CAD	KC Heist	00:28:13	9.63	06:13
128	116	Cumps	Els	Hallaar	V29	MAS+55	Berglopers	00:28:52	9.42	06:22
129	129	Van Opstal	Karel	Ramsel	M100	MAS+75	Berglopers	00:29:16	9.29	06:27
130	127	Van Loo	Alfons	Hallaar	M101	MAS+65	Berglopers	00:29:25	9.24	06:29
131	184	Van Lier	Stefan	Tremelo	M102	MAS+65		00:29:31	9.21	06:30
132	232	Kwanten	Lies	OLV-Waver	V30	MAS+40	BONH	00:30:18	8.97	06:41
133	240	Vergauwen,	Rube	Schriek	M103	CAD	HC Heist	00:30:30	8.91	06:43
134	173	Op de Beeck	Eliena	Itegem	V31	SCH		00:30:32	8.9	06:44
135	265	Gijsemans	Michel	Heist op den Berg	M104	MAS+65		00:30:33	8.9	06:44
136	134	D'Antoni	Vinnie		M105	MIN	KVC Booischoot	00:30:36	8.88	06:45
137	152	Bellekens	Floor	Heist o/d Berg	V32	PUP		00:30:47	8.83	06:47
138	153	Bellekens	Wouter	Heist o/d Berg	M106	MAS+35		00:30:47	8.83	06:47
139	224	Laeremans	Rene	Aarschoot	M107	MAS+65		00:31:14	8.7	06:53
140	154	Bosmans	Jos	Heist o/d Berg	M108	MAS+70		00:31:29	8.63	06:56
141	119	Heylen	Christine	Herselt	V33	MAS+60	Berglopers	00:31:42	8.57	06:59
142	246	Mees	Karen	Bonheiden	V34	MAS+45	BONH	00:32:16	8.42	07:07
143	195	Van de Water	Geert	Putte	V35	MAS+50	AVZK	00:35:26	7.67	07:49
144	194	De Cuyper	Sabrina	Heist o/d Berg	V36	MAS+40	AVZK	00:35:28	7.66	07:49
145	123	Ringoot	Danny	Hallaar	M109	MAS+65	Berglopers	00:36:38	7.42	08:05
146	118	Gielis	Ellen	Westerlo	V37	MAS+45	Berglopers	00:36:40	7.41	08:05
147	171	Nevelsteen	Staf	Booischoot	M110	MAS+70	AVZK	00:36:43	7.4	08:06